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# IMPROVE THE QUALITY OF COOPERATION WORK CONSULTATION FOR STUDENTS OF PHU THO ELEMENTARY SCHOOL

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**Abstract:** The problem of coordination in school counseling for primary school students has been painstakingly studied by scientists and researchers in education and has shown the actual contents of the work. We coordinate consultation and essential requirements for principals and teachers in charge of this work, such as roles, tasks, and responsibilities. Practice shows the role and influence of educational administrators' education for perception and thinking in coordination forces.

**Keywords:** Coordination, quality, counseling, primary school

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## 1. Introduction

The rapid and volatile development of the economy - society in the context of exploding information and developed media has brought to the life, learning and training process of children day by day. more opportunities but also contain unfavorable factors for children's personality development; giving rise to problems that cannot be solved by traditional teaching methods, frameworks and scope of general education programs in schools. The need for emotional support for a favorable development is becoming more and more urgent for the young generation.

## 2. Research content

### 2.1. The role of primary education in school counseling

This is the foundation level in the general education system, the effectiveness and quality of primary education is based on the overall assessment of all aspects of the school's activities, in which the student is the center. A primary school that fulfills the tasks assigned by the Party and the people must ensure comprehensive development "which is the simultaneous development of children's physical, intellectual, spiritual, moral and social relationships. children" (Article 4, Law on Children); "Helping students form the initial foundations for the correct and long-term development of morality, intelligence, physicality, aesthetics, and basic skills" (Article 27, Law on Education). To accomplish this task, schools need to pay due attention to mental health care for students. Psychological problems and difficulties in students' lives must be consulted, shared and resolved in a timely manner, to avoid leading to bad behavior, causing unfortunate consequences, affecting the formation and development of students. develop their personality in the future. Faced with that urgent requirement, many schools have paid attention and

implemented psychological counseling for students. However, the implementation of this activity in primary schools in general still faces many difficulties. Psychological counseling in general and school counseling in particular is a concept that is no longer strange to many countries around the world but is still quite new in Vietnam. School counseling or school counseling is translated from the English term "School Counseling", which is an effective form of psychological support not only for students but also for other educational forces such as teachers, parents, the student.

Children are objects of special care. According to the United Nations Convention on the Rights of the Child, children have the right to be protected and cared for: "Because they have not yet reached physical and intellectual maturity, children need special protection and care. , before as well as after birth. Parents are the ones who are primarily responsible for raising and educating their children, providing them with food and clothing. When working away from home, we need to make arrangements so that children are always in the care of a responsible adult, or send them to daycare or school so that they are safe and well cared for." The Children's Law of our country also stipulates that children have the right to health care, protection and to "express opinions and aspirations on issues related to children; be listened to, accepted and responded to by agencies, organizations, educational institutions, families and individuals with legitimate opinions and aspirations. Thus, the care, education and protection of children for their safety and comprehensive development is the responsibility of each family and the whole society, especially schools. Children not only need to be well fed, warmly dressed and educated, but also need to be listened to and protected both physically and mentally.

## **2.2. Improving the quality of coordination in counseling for primary school students**

To accomplish this task, psychological counseling plays a particularly important role. In schools, psychological counseling supports students to practice life skills, strengthen their will, confidence, bravery, have appropriate behavior in social relationships and improve their personality; at the same time, detecting and consulting to help students have appropriate solutions, minimizing negative impacts that may occur. Many schools have considered psychological counseling as an active, creative and multifaceted factor, contributing to building friendly schools and positive students. The criteria of a friendly school, positive students such as: Safe school; Students learn effectively; Know how to practice life skills; Always have healthy fun; Know how to actively and actively organize study and other work; Always behave culturally; Interested in creative and innovative activities, must have a psychological counseling department to support.

Psychological counseling for students is explained as "psychological support, helping students improve their understanding of themselves, their family situation, and social relationships, thereby increasing their positive emotions and self-esteem. make decisions in difficult situations students face while studying at school". Meanwhile, psychological counseling for students is "interaction, psychological support, intervention (when necessary) of counselors and teachers for students when facing difficult situations in school. exercise, family situation, relationships with others, or self-perception, thereby increasing positive emotions, self-chosening and decision-making in that situation". (Circular 31/2017/TT-BGDDT dated December 18, 2017) School psychology counseling performs three main tasks: School guidance; Psychological Counseling and Counseling for parents, teachers, and others related to students.

Firstly, School Guidance includes: Study skills support; Education enhances understanding of self and others; Teaching social skills, behavior, effective communication and how to handle some common situations; education on game/substance abuse, etc. Communication, problem solving, decision making and conflict resolution. Second, individual and group psychological counseling in cases such as: poor academic performance, not paying attention to learning; Fear of going to school, fear of going to school, truancy, dropping out of school; Not following the teacher's request, complaining about the teacher; Refusing to participate in class or school activities; Identify barriers and threats to learning and provide coping strategies; Form positive learning habits. Third, Counseling parents, teachers and other relevant people on: Student learning problems and influencing factors; Provide information and referrals to student support services and resources; Working on issues related to bullying/bullying and school violence; Partnering with families in implementing strategies to help students; Discuss high-risk situations and implement interventions; Talk to and support officials, teachers, and parents' school staff in teaching and dealing with children; Refer students in need of therapy to appropriate support services. Realizing the urgency of implementing psychological counseling activities for students in schools, the Ministry of Education and Training issued Circular 31/2017/TT-BGDDT dated December 18, 2017 guiding the implementation of this work. Psychological counseling for high school students. Thanks to the close and timely direction of the superiors, psychological counseling for students has been carried out quite seriously in schools, especially effective for middle and high schools. in high school, but it is still underestimated in primary school due to many objective and subjective reasons.

### **3.The actual situation of psychological counseling cooperation for students in primary school**

#### **3.1.Facilities**

The school ensures bright, green, clean, beautiful, safe, blooming flowers, basically ensuring conditions for teaching and learning, creating a friendly environment for students during their study time at the school. The school always receives the attention and facilitation of the local government and the support of students' parents. Thanks to that, the educational tasks as well as the movement activities have been completed well.

#### **3.2. Professional work**

100% of staff, teachers and employees have qualified and above standards. The Board of Directors closely followed the instructions of the superiors, directed closely and promptly all activities with the spirit of democratic centralism. Teachers have a high sense of responsibility, solid professional qualifications; wholeheartedly for students, especially enthusiastic in teaching, caring, and caring for students with disabilities and students with special circumstances so that they can integrate and keep up with friends.

#### **3.3. For students and parent cooperation**

Most of the school's students completed the tasks of primary school students, did not suffer from social evils, and well implemented the five things Uncle Ho taught and the school rules; obedient, obedient to teachers, know how to help friends. A few parents, due to their limited economic conditions, have not paid much attention to their children, leaving teachers and schools to their care, affecting coordination and two-way communication to enhance education. take care of students. In addition, the number of students with disabilities, students with special

circumstances (economic difficulties, no parents or lack of parental care and love,...) is still high. These are students who are prone to psychological problems that need counseling and support. The psychological development process of primary school students can be divided into 3 levels according to each age as follows:

*Level 1 (grade 1):* Learning activities begin to form. This level of development has special significance in a person's life, when a child moves from play as the main activity in preschool to as a dominant learning activity. Learning activities that require children to comply may be voluntary because children love to learn or are imposed from parents and teachers. At this stage, children may find it difficult and confusing to get used to participating in an activity that requires intentional attention, intentional memorization, willpower; difficulties in getting used to the new school, new friends and complying with the rules and regulations of the primary school.

*Level 2 (grades 2-3):* Shaping learning activities (understanding how to learn) to gain more scientific knowledge, life skills, correct attitudes and behaviors, and discover one's own abilities and talents Dear.

*Level 3 (grades 4-5):* At the end of primary school, students have rapid psychophysiological development. Students have the ability to self-study, aware of the values of learning, about their own life, family, society and nature; gradually realize the value of the individual, reveal more of his strengths, personal opinions. At each level of psychological development, students may encounter many difficulties and obstacles arising in the learning process, in relationships with friends, teachers, relatives, in discovering themselves. body, make decisions, choose... need timely and reasonable advice and support.

Today, the role of psychology is recognized in helping students overcome behavioral and learning problems. In schools, psychological counseling is implemented in many forms, including applying psychological knowledge to improve the quality of comprehensive education, prevent and prevent unhealthy developments in health. student morale; directly investigate and intervene early with new cases showing signs of disturbance; acting as a bridge to assist parents in transferring students to more specialized treatment facilities if necessary.

#### **3.4. The reality of psychological counseling coordination activities in schools**

Firstly, the understanding and willingness to receive psychological counseling in general and school psychology counseling in particular is still limited by the majority of parents, teachers and students. When teachers encounter a case where students are not good, they often think about educational measures before applying psychological measures to adjust. When parents realize that their children have abnormal psychological symptoms, they take them to the neurology department, but rarely seek counseling for support.

The second is the absence of necessary conditions to formalize the team of psychological counseling in high schools in terms of both quantity and quality. All counselors in primary schools are part-time staff and teachers who have not been trained and fostered in professional psychology, do not have a certificate of school psychology counseling according to the law. program issued by the Ministry of Education and Training.

Third, the psychological problems in students are increasing: many children feel stressed in studying, afraid of doing poorly in exams, afraid of disappointing their parents. In addition to academic problems, relationships with friends are also the cause of psychological instability in students. The number of students who are bullied causing stress is equivalent to the number of

students who are stressed due to studying. Students who frequently argued with their teachers or were scolded or punished by their teachers were also more stressed than students who did not. According to survey data, the rate of signs of psychological disturbance in school-age children is 20%.

In addition, most primary school students lack the necessary skills to deal with and solve real-life problems, many of them rarely participate in group activities, outside social activities. school. The implementation of life skills education and experiential activities for primary school students only partially fills this gap. It is these difficulties that make psychological counseling for students in primary schools not yet become a scientific, popular and professional activity, requiring school administrators to have appropriate guidance measures. suitable for improving the quality of this activity. In the spirit of reducing the curriculum load, reducing exam pressure, renewing comments, assessing, testing and rewarding students, primary schools not only focus on teaching literacy and knowledge, but also on take care of the spiritual life of students.

Psychological counseling for students is becoming more and more urgent in schools. School psychology counseling plays a very important role in maintaining and stabilizing the psychological state of students, helping them to think, think and see the problems around them properly. . Capturing student psychology helps teachers transmit knowledge more easily and effectively. In addition, teachers and schools also combine with families to play an important role in building a child's personality. Therefore, I regularly propagate and thoroughly understand in the collective of cadres, teachers, employees, students and parents about the importance, purpose and meaning of student psychological counseling. At the same time, implementing directing measures to carry out this work effectively: Do well the organization of personnel; ensure the conditions of facilities and operating expenses of the consultation room; diversify contents and forms of psychological counseling for students; effectively coordinate forces inside and outside the school; regularly inspect and supervise the implementation of psychological counseling work of students.

Implement preventive measures and make the learning environment healthy to reduce problems students may face. Specifically: Propaganda on dangers, consequences, skills to prevent factors and behaviors that cause harm and abuse to children; school violence; propagate food hygiene and safety; Actively building safe and friendly schools; Hanging banners, propaganda slogans... Doing these prevention content well will reduce difficulties when performing psychological support activities at a higher level. Psychological counseling of age and gender; Counseling on life skills education, cultural behavior measures, prevention of violence and abuse and building a safe, healthy and friendly educational environment; Counseling to strengthen the ability to cope and solve problems arising in family, teacher, friends and other social relationships; Counseling on skills and effective learning methods is the content of psychological counseling that can be done at level 1, through the following forms: Building topics on psychological counseling for students and arranging into separate lectures or integrated into class activities, activities under the flag; Organizing integrated teaching of psychological counseling contents for students in regular subjects and experiential activities, educational activities outside of class time; Organizing seminars, extra-curricular activities, clubs, forums on topics related to the content to be consulted for students.

Applies to students in need of counseling/therapy support. These children have learning difficulties such as low results, inattentiveness, lack of motivation to study or problems related to attitudes, inappropriate behavior, etc. Propaganda and general dissemination have no preventive effect. At this level, using counseling forms such as: individual consultation, group consultation, face-to-face consultation in the counseling room, in the classroom; online counseling via email, social network, phone, etc., at the same time, set up information channels, provide documents, regularly discuss with students' parents about psychological developments and issues that need counseling, support for students.

#### **4. Conclusion**

From the perspective of school managers, it is necessary to jointly manage all activities, be aware of the roles and responsibilities in the work of coordinating student psychological counseling, which cannot be the sole work of an individual, the Which part is the joint effort of the school community, students' parents and functional sectors for the goal of "all for dear students". The school principal is the person responsible for leading, directing and coordinating activities to bring the highest efficiency.

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