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SPORTS BY CHOICE OR BY SOCIO-ECONOMIC STATUS

Dr. Jaswinder Singh Rattan

¹Guru Kashi University, Talwandi Sabo

ABSTRACT

The aim of the present study is to examine the effect of socio-economic status on sports performance of wrestling players of Haryana State. A sample of 100 Wrestles is selected for the investigation. Socio-economic status of players was measured with the use of the socio-economic status scale prepared by R.L Bharadwaj (1983). The sports performance scale was prepared by researcher herself according to player's highest achievement in competition at different levels. Findings of the study show that there is a positive significant effect of socio economic status on sports performance of wrestlers of Haryana State.

KEYWORDS- players, socio economic status, sports performance, wrestler.

1. INTRODUCTION

Sports and physical activities play an important role in human life for all round development. These activities develop right attitudes and values in person and help them grow into balanced, integrated and healthy personalities. Participation in physical activities and sports is a pleasures task. These days participation in sport competitions is a task of prestige and pride. Achievements in national and international competitions provide a social status to a sports person. Cash prizes and reservation in jobs also provide economic stability. Socioeconomic status of an individual may influence his physical health, opportunities, desire to excel, choice of activity and success. The home environment often influences the motivation to succeed in sports and the degree to which success in this endeavor leads to inner satisfaction. Therefore socio-economic factors play a vital role in an individual's performance in sports. The socioeconomic status plays an important role in their achievements in every field of life. The term Socio Economic Status implies a social as well as economic status of an individual in society. S.E.S. also refers to the degree of prestige a person was among in his social group which in term is dependent upon his family background. Socio Economic Status in term of primary education and characteristics is determined through vocation, income and wealth, home and its location, educational activities and association.

The position of an individual or a group within a hierarchical social system is referred to as socioeconomic status. Many studies back up the idea that a person's socioeconomic situation has an impact on their athletic

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ability. In his study, Chandrasekaran (2010) discovered that socioeconomic level and psychological elements have a significant effect in football players' ability to attain their goals. In their high, middle, and low SES, Srikanth (2012) found differences between team and individual game participants. Individual players outperform their opponents in terms of high SES, medium SES, and low SES core. Lee and Cubbin (2002) also reported that low SES teens were less physically active than high socio economic teens. University level students of low SES opt for less expensive sports and students of high SES opt for expensive sports. But Attri (2013) found that socio economic status did not have any effect on the performance of badminton players. According to Webb (1969) socioeconomic status effects the team games more than Individual games. Ali and Morcol, (2000) observed in their study that socioeconomic status is a strong determining factor in both satisfaction with life domains and satisfaction of needs. In light of previous studies the researcher has tried to examine the effect of Socio-Economic Status on Sports Performance of Wrestlers of Haryana state. The Socioeconomic Status is measured as ascribed socioeconomic status, achieved socioeconomic status and as a whole socioeconomic status.

2. METHODOLOGY

- **2.1. SAMPLE:** The study was conducted on 100 Wrestling players of Haryana State. The participants were performer of District level to International level.
- **2.2. TOOLS USED** The researcher used flowing two tools for data collection
- 2.2.1. Socio-Economic Status Scale developed by R.L. Bharadwaj (1983).
- 2.2.2. Sports performance rating scale prepared by researcher herself.
- **2.3. STATISTICAL TOOL** Pearson's coefficient of correlation was used to reveal the relationship between SES and Performance of Wrestlers.

3. RESULTS AND DISCUSSION

TABLE 1

	Des	scriptive Stat	istics	
	N	Me	an	Std. Deviation
	Statistic	Statistic	Std. Error	Statistic
Peformance sclae	100	6.265	.3685	3.6848
SESW	100	759.81	12.390	123.896
Valid N (listwise)	100			

Table 1 presents the descriptive statistics of variables Performance and Socio-Economic Status (SES). The mean value of performance is 6.265 and SD is 3.685. The Mean and SD of overall SES are 2759.81 and 123.896 respectively. The standard error of performance is .369 and socioeconomic status is 12.390.

The Table 2 shows the co-relation coefficient of sports performance and socioeconomic status of Wrestlers. It is found that socioeconomic status has positive co-relation with the performance of wrestlers (r=.328) which is

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significant at 0.01 level of significance. It is observed that achieved socioeconomic status of sport person is highly correlated with performance (r=.482) than ascribed socioeconomic status (r=.075).

TABLE 2

	(Correlations			
		Peformance	SESAsc	SESAch	SESW
		scale			
Peformance sclae	Pearson Correlation	1	.075	.482**	.328**
	Sig. (2-tailed)		.460	.000	.001
	N	100	100	100	100
SESAsc	Pearson Correlation	.075	1	088	.829**
	Sig. (2-tailed)	.460		.385	.000
	N	100	100	100	100
SESAch	Pearson Correlation	.482**	088	1	.472**
	Sig. (2-tailed)	.000	.385		.000
	N	100	100	100	100
SESW	Pearson Correlation	.328**	.829**	.472**	1
	Sig. (2-tailed)	.001	.000	.000	
	N	100	100	100	100

The results obtained clearly indicate that over all Socio Economic Status is positively correlated with player's Performance similar to Chandrasekaran (2010), Srikanth, (2012), Ali and Morcol, (2000) ect.

4. CONCLUSION

Socio Economic Status (SES) has a great impact on sport performance. The achieved socioeconomic status is more effective than ascribed socioeconomic status. It should understand that being famous and respected person in society and gain identity is human nature. Challenges of sports participation and achieving their name and status allowing them to perform to a higher standard.

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